

SUNDAY

SERVED EVERY SUNDAY FROM 12PM

v = Vegetarian vg = Vegan vgo = Vegan Option
 gf = Gluten Free gfo = Gluten Free Option
 nuts = Contains Nuts mcn = May Contain Nuts
 (GFO & VGO can be adapted to GF & VG).

STARTERS

SMOKED HADDOCK, CHORIZO & CHEDDAR CROQUETTES £8
 with lemon & chive mayo

MEZZE PLATTER £8
 Tirokafteri, baba ghanoush, mixed olives, cherry tomatoes & toasted flat bread **v/vgo/gfo/mcn**

ROASTED CAULIFLOWER & CUMIN SOUP £7.50 with chilli oil & heritage rustic roll **v/vgo/gfo**

STEAMED MUSSELS £8
 in white wine & spicy red pesto, with heritage rustic roll

HAM HOCK TERRINE £8
 with piccalilli, mixed leaf salad & warm heritage rustic roll **gfo**

MAINS

FRESH BATTERED COD £16
 house chips, peas, tartare sauce & lemon

MOULES FRITES £17 gfo
 Mussels cooked in their shells, white wine, cream, garlic & onion, skinny fries & heritage rustic roll

DECK'S DIRTY BURGER £16.75
 8oz beef burgers, American mustard, cheese, gherkin, beef tomato, babygem lettuce & red onion in a brioche bun with house chips **gfo**

THE FLAMING FRANGO BURGER £16.75
 Buttermilk fried chicken burger, cabbage slaw, babygem lettuce & sriracha in a brioche bun with house chips **gfo**

MEDITERRANEAN SUN-DRIED TOMATO & CHICKPEA BURGER £15.50
 with Montgomery cheese, baby gem lettuce, sliced tomato, red onions & garlic aioli, served with house chips **v/vgo/gfo**

Add Cheese £1
 Jalapeños 50p
 Bacon £1

BEACH DECK BOWL

Your choice of...
SALMON gfo £16
TOFU v/vgo/gfo £15
 with teriyaki & ginger, white sushi rice, edamame, cherry tomatoes, red cabbage, teriyaki dressing, spicy mayo, spring onion, almonds, sesame seeds **nuts**

SUNDAY ROASTS by the sea

ROAST BEEF TOPSIDE £18
 with roast potatoes, cauliflower cheese, seasonal vegetables, sage & onion stuffing, Yorkshire pudding, gravy & horseradish **gfo**

LEG OF LAMB £18
 with roast potatoes, cauliflower cheese, seasonal vegetables, sage & onion stuffing, Yorkshire pudding, gravy & mint sauce **gfo**

PORK BELLY £17
 with roast potatoes, cauliflower cheese, seasonal vegetables, sage & onion stuffing, Yorkshire pudding, gravy & apple sauce **gfo**

VEGGIE WELLINGTON £17
 roasted sweet potato, peppers, feta & spinach, wrapped in puff pastry. With roast potatoes, cauliflower cheese, seasonal vegetables, sage & onion stuffing, Yorkshire pudding & gravy **v/vgo**

KIDS ROAST Exactly as above, just for little tummies! £10

Under 12's

Seasides

MIXED OLIVES £4 v/vgo/gfo/mcn

SIDE SALAD £4.50 v/vgo/gfo

GARLIC FLAT BREAD £5 v/vgo

CHEESE GARLIC FLAT BREAD £6.50 v/vgo

HOUSE CHIPS £4 v/vgo/gfo

SKINNY FRIES £4 v/vgo/gfo

LOAD YOUR FRIES

+ CHEESE SAUCE £1 v/gfo

+ BACON BITS £1 gfo

+ JALAPEÑOS 50p v/vgo/gfo

Under 12's

KIDS MEAL

Includes a fruit juice, main meal & 2 scoops of vanilla, strawberry or chocolate ice cream

All served with roast potatoes, cauliflower cheese, seasonal vegetables, sage & onion stuffing, gravy & Yorkshire pudding

ROAST BEEF TOPSIDE £12

gfo

PORK BELLY £12 gfo

LEG OF LAMB £12 gfo

VEGGIE WELLINGTON £12

roasted sweet potato, peppers, feta & spinach, wrapped in puff pastry **v/vgo**

FRESH BATTERED COD £9
 served with fries & peas

4oz BEEF BURGER £9
 with lettuce & tomato, served with fries & peas **gfo**

DESSERTS & DRINKS

RHUBARB APPLE & GINGER CRUMBLE £7.75
 topped with crunchy oats, served with custard **v/vgo/gfo**

LOTUS BISCOFF CHEESECAKE £7.75
 topped with crushed biscuits & toffee sauce **mcn**

WARM CHOCOLATE BROWNIE £7.75 v/vg
 with vegan chocolate **mcn** or vegan vanilla ice cream **mcn**

MILLIONAIRE WAFFLE £7.75
 Warm waffle topped with caramel shortbread pieces, drizzled in toffee & hot chocolate sauce, served with Kelly's vanilla bean ice cream **v/mcn**

BANOFFEE WAFFLE £7.75
 Warm waffle topped with banana, toffee sauce, served with Kelly's vanilla bean ice cream **v/gfo/mcn**

ICE CREAM £2.50 PER SCOOP

with chocolate or strawberry sauce

(Gluten free? Ask for ice cream without the wafer)

STRAWBERRY v/mcn

HONEYCOMB & CARAMEL v/mcn

MINT CHOCOLATE CHIP v/mcn

TRIPLE CHOCOLATE v/mcn

VANILLA BEAN v/mcn

VEGAN VANILLA v/vg/mcn

VEGAN CHOCOLATE v/vg/mcn

THE BEACH Bar

Spirits & Mixers also available
 125ml glasses available

SPARKLING WINE

Prosecco, 200ml Famiglia Botter ABV 11%		<u>Bottle</u>
		£7.95
Prosecco, Famiglia Botter ABV 11%		£28.95
Prosecco Rosé, Famiglia Botter ABV 11%		£29.95
Rathfinny, Classic Cuvée ABV 12%		£58.50

WHITE WINE

	<u>175ml</u>	<u>250ml</u>	<u>Bottle</u>
Pinot Grigio, Primi Soli ABV 12%	£6.50	£9	£25.50
Sauvignon Blanc, Cloud Rock ABV 13%	£7	£9.80	£27.50
Chardonnay, Louis Eschenauer ABV 12%	£7	£9.80	£27.50
Chablis, J Moreau Et Fils ABV 12%			£45

RED WINE

Merlot, La Colombe ABV 13%	£6.80	£9.50	£26.50
Malbec, Trivento Tribu ABV 12%	£7	£9.80	£27.50
Pinot Noir Reserva, Alma de Chile ABV 13.5%			£28

ROSÉ WINE

Pinot Grigio Blush, Primi Soli ABV 12%	£6.50	£9	£25.50
Zinfandel Rosé, White Rose ABV 10.5%	£6.80	£9.50	£26.50

BOTTLED BEER & CIDER

Corona ABV 4.5% / Peroni ABV 5.1% 330ml		£4.50
Long Man Best Bitter ABV 4% 500ml		£5.60
Bulmers Original ABV 4.5%		£5.50
Bulmers Red Berry ABV 4-5% 500ml		£5.50
Heineken (alcohol free) ABV 0% 275ml		£3.60

DRAUGHT BEER

	<u>1/2 Pint</u>	<u>Pint</u>
Cruzcampo ABV 4.4%	£3.10	£6.20
Long Man Twelve Pale Ale ABV 4.2%	£3	£6

SERVED ALL DAY!

HOT DRINKS

CAFÉ AMERICANO	£3.30
CAFÉ LATTE	£3.60
CAPPUCCINO	£3.60
CAFÉ MOCHA	£3.60
ESPRESSO	£2.75
DOUBLE ESPRESSO	£3.10
FLAT WHITE	£3.60
CHAI LATTE	£3.40
ICED COFFEE	£4.25
HOT CHOCOLATE	£3.80
Add marshmallows or cream	£4.30
POT OF TWININGS TEA	£3
Various flavours available	
SYRUP SHOT	50p
SOYA	30p
OAT MILK	30p
COCONUT MILK	30p

SOFT DRINKS

COCA COLA 330ml	£3.25
DIET COKE 330ml	£3.25
COKE ZERO 330ml	£3.25
SPRITE 330ml	£3.25
FANTA 330ml	£3.25
APPLETISER	£3.30
J2O	£3.30
FENTIMANS 100%	£3.60
NATURAL BEVERAGES	
KIDS WILD JUICES	£2.45
Apple / Orange / Apple & Blackcurrant	
ORANGE JUICE	£3.25
APPLE JUICE (BOTTLE)	£2.95
DRAUGHT SOFT DRINKS	1/2 Pint £2.50
Coke Zero, Diet Coke, Lemonade, Cranberry Juice	Pint £3.90
SOUTH DOWNS MINERAL WATER	330ml £2.65
Still or Sparkling	750ml £3.95