

MAINS

SERVED FROM 12:00PM

V = Vegetarian VG = Vegan vgo = VG Option GFC = GF Option (GFO & VGO can be adapted to GF & VG).
 GF = Gluten Free NUT = Contains Nuts M.C. NUT = May Contain Nuts

NIBBLES

GARLIC FLAT BREAD	4.85
CHEESY GARLIC FLAT BREAD	6.75
FLAT BREADS w/ hummus, onions & pine nuts	5.85
MIXED OLIVES	4.00

SPRING SPECIALS

SUPER GREEN CAJUN CHICKEN SALAD w/ quinoa, avocado, spinach, spring onion, chilli & lime dressing, sesame & pumpkin seeds	14.50
MISO BLACKENED SALMON w/ creamy coconut rice, avocado, cucumber & coriander salad	15.95
SUSSEX SMOKEY MAC N CHEESE Smoked haddock, spinach & macaroni in a cheese sauce, topped w/ parmesan crumb	13.95

BEACH BURGERS

Add cheese £1
jalapeños 50p
bacon £1

DECK'S DIRTY SMASH BURGER 2x 4oz beef burgers w/ American mustard, cheese, gherkin, beef tomato, babygem lettuce & red onion in a brioche bun w/ house chips	16.50
THE FLAMING FRANGO BURGER Buttermilk fried chicken burger w/ cabbage slaw, babygem lettuce & sriracha mayo in a brioche bun w/ house chips	16.50

THE GARDEN BURGER Chickpeas, sweetcorn, lentils, peas & pumpkin seeds w/ baby gem lettuce, beef tomato, cheddar cheese & herby peri peri mayo in a vegan brioche bun served w/ house chips	14.95
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VEGAN OPEN SANDWICH Toasted rosemary focaccia w/ roasted courgette, aubergine, red pepper, hummus, pine nuts, rocket & salsa verdi (add halloumi £2.95)	13.95
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HARISSA SPICED CAULIFLOWER w/ quinoa, pearl barley, apricot & pistachio nut salad	13.95
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We are unable to split the bill for tables of 5+.
We cannot guarantee a 100% allergen free environment, nor can we guarantee against the processes used by our suppliers, unless otherwise stated. Our recipes may change, so please check each time you visit. Many of our dishes can be adjusted to suit allergies, please ask your server for more information.

FROM THE SEA

Our fresh fish is locally caught on the South coast fishing boats, and delivered to us daily.

FRESH BATTERED COD served w/ house chips, peas, tartare sauce & lemon	15.50
DEEP FRIED SCAMPI served w/ house chips, peas, tartare sauce & lemon	14.50
MOULES FRITES Mussels cooked in their shells, white wine, cream, garlic & onion, served w/ skinny fries & crusty bread	16.95
FANTASTIC FISH PIE w/ cod, salmon & smoked haddock, topped w/ mashed potato & a cheddar crust. Served w/ peas	15.50
THE CLASSIC CHOWDER A hearty & warming smoked haddock, sweetcorn & bacon chowder w/ a poached egg, served w/ crusty bread (add house chips for £3.00)	10.95
CALAMARI Lightly coated crispy squid rings w/ sriracha aioli, lemon & skinny fries	13.95

PANINIS

All served w/ salted crisps & rocket

SUSSEX HAM & CHEESE	8.95
TUNA MAYO & CHEESE	8.95
MOZZARELLA, TOMATO & BASIL	8.50

SEA-SIDES

HOUSE CHIPS	3.95
SKINNY FRIES	3.95
SWEET POTATO FRIES	4.50
SIDE SALAD	3.95

KIDS MEAL

(Under 12's)

Includes a fruit juice, main meal & 2 scoops of vanilla, strawberry or chocolate ice cream

FRESH BATTERED COD w/ fries & peas	8.95
4oz BEEF BURGER w/ lettuce & tomato, served w/ fries	8.95
CHICKEN NUGGETS w/ fries & peas	7.95
SAUSAGE w/ fries & peas	7.95
MARGHERITA PIZZA 7" w/ tomato, rocket & basil	7.50

the beach deck

DESSERTS

WAFFLES

CHOCOLATE BROWNIE Warm waffle topped w/ hot chocolate brownie pieces, drizzled in hot chocolate sauce s/w Kelly's vanilla ice cream	7.50
OREO Warm waffle topped w/ crushed oreo's, chocolate sauce s/w Kelly's vanilla ice cream	7.50
STICKY TOFFEE Warm waffle topped w/ sticky toffee pieces, drizzled in hot toffee sauce s/w Kelly's vanilla ice cream	7.50

SWEET TREATS

WARM CHOCOLATE BROWNIE w/ vegan chocolate or vegan vanilla ice cream	6.95
BISCOFF CHEESECAKE w/ toffee sauce & Kelly's vanilla ice cream	7.50

KELLY'S ICE CREAM 3 scoops of Kelly's Cornish ice cream served in a brandy snap nest	6.95
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ICE CREAM FLAVOURS

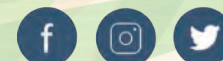
(GF? ask for ice cream without the brandy snap nest)

STRAWBERRY	
HONEYCOMB & CARAMEL	
MINT CHOCOLATE CHIP	
TRIPLE CHOCOLATE	
VANILLA BEAN	
VEGAN VANILLA	
VEGAN CHOCOLATE	

THE BEACH BAKERY

ASK YOUR SERVER FOR OUR DAILY SELECTION OF CAKES	3.75
DARK OR WHITE CHOCOLATE COOKIES	2.50
CHOCOLATE CHIP OR BLUEBERRY MUFFIN	2.85
PLAIN OR FRUIT SCONE w/ clotted cream & jam	3.95
TOASTED TEA CAKE s/w butter (add jam 50p)	2.95

DRINKS



@THEBEACHDECK

HOT DRINKS

Café Americano	3.20	Iced Coffee	3.95
Café Latte	3.50	Hot Chocolate	3.70
Cappuccino	3.50	Add marshmallows or cream	4.20
Café Mocha	3.50	Pot of Twinings Tea	2.90
Espresso	2.65	Various flavours available	
Double Espresso	3.00	Syrup shot	0.50
Flat White	3.50	Soya / Oat Milk	0.20
Chai Latte	3.30	(Decaf available)	

SOFT DRINKS

Coca Cola / Diet Coke / Coke Zero / Sprite / Fanta 330ml	3.05
Appletiser	3.10
J2O	3.10
Fentimans 100% Natural Beverages	3.45
Kids Wild Juices - Apple / Orange / Apple & Blackcurrant	1.95
Orange Juice	2.95
Apple Juice (bottle)	2.95

Smoothies	4.95
Pash 'n' Shoot passion fruit, pineapple, apple & mango	
Detox Zing apple, banana, blueberry, carrot, courgette & ginger	
Green Goodness mango, spinach, kale & apple	

Draught Soft Drinks	1/2 Pint	Pint
Coke Zero, Diet Coke, Lemonade, Cranberry Juice	2.50	3.90

South Downs Mineral Water	330ml	2.50	750ml	3.95
Still or Sparkling				

THE BEACH BAR

Spirits & Mixers also available

SPARKLING WINE	Bottle
Prosecco, 200ml Famiglia Botter ABV 11%	7.75
Prosecco, Famiglia Botter ABV 11%	26.95
Prosecco Rosé, Famiglia Botter ABV 11%	27.95
Rathfinny, Classic Cuvée ABV 12%	47.00

WHITE WINE	175ml	250ml	Bottle
Pinot Grigio, Primi Soli ABV 12%	5.90	8.25	23.50
Sauvignon Blanc, Cloud Rock ABV 13%	6.40	8.90	25.50
Chardonnay, Louis Eschenauer ABV 12%	6.40	8.90	25.50
Chablis, J Moreau Et Fils ABV 12%			43.00

RED WINE	6.10	8.50	24.50
Merlot, La Colombe ABV 13%			
Malbec, Trivento Tribu ABV 12%	6.40	8.90	25.50
Pinot Noir Reserva, Alma de Chile ABV 13.5%			26.00

ROSÉ WINE	5.80	8.10	23.50
Pinot Grigio Blush, Primi Soli ABV 12%			
Zinfandel Rosé, White Rose ABV 10.5%	6.10	8.50	24.50

BOTTLED BEER & CIDER	4.40
Corona ABV 4.5% / Peroni ABV 5.1% 330ml	
Long Man Best Bitter ABV 4% 500ml	5.40
Bulmers Original ABV 4.5%	5.25
Bulmers Red Berry ABV 4.5% 500ml	5.25
Heineken (alcohol free) ABV 0% 275ml	3.40

DRAUGHT BEER	1/2 Pint	Pint
San Miguel ABV 5%	2.90	5.80
Long Man Twelve Pale Ale ABV 4.2%	2.85	5.40