

# BREAKFAST

**SERVED  
UNTIL 11:30AM**

## THE CLASSIC £13

2 smoked streaky bacon rashers, 2 Cumberland sausages, 2 eggs, hash brown, grilled tomato, mushroom & beans with white or brown toast **gfo**

## THE VEGGIE CLASSIC £12

2 vegan sausages, 2 eggs, grilled tomato, mushrooms, beans, hash brown & toast **vgo/gfo**

## AVOCADO SOURDOUGH £11

Smashed avocado & poached eggs on toasted sourdough & roasted cherry vine tomatoes **v/gfo**

Add  
Halloumi 3  
Bacon 2

## WILD MUSHROOMS, ONIONS & WILTED SPINACH £12

on seeded rye bread, with hummus, cherry tomatoes & salsa verde **v/vg/gfo**

## BACON OR CUMBERLAND SAUSAGE BAP £6

served in a brioche bun **gfo**

## POSH BACON BAP £7.50

Smoked streaky bacon, chilli fried egg, mango chutney & rocket served in a brioche bun **gfo**

## GINGER NUT GRANOLA £7.50

with rhubarb & yoghurt **v/vgo/mcn**

## EGGS BENEDICT £11.50

Sussex ham & poached eggs served on toasted sourdough, topped with hollandaise sauce & tomato salsa **gfo**

Add  
Avocado  
2

## EGGS ROYALE £12.50

Smoked salmon & poached eggs served on toasted sourdough, topped with hollandaise sauce **gfo**

## 'NICE 'N' SPICY' PAPRIKA FRIED EGGS £9

Mixed peppers, chilli & sourdough toast, topped with parmesan crisp, sriracha & salsa verde **v/gfo**

## CHORIZO HASH £12

Fried potatoes, chorizo & onions topped with fried eggs & parsley **gfo**

## BREAKFAST BURRITO £7.50

Tortilla wrap filled with, sausage, egg, spring onions, roasted bell peppers & cheddar cheese, served with rocket

## TOAST £4

White, brown or sourdough toast with butter & jam or marmalade **v/vg/gfo**

## PANCAKES WITH BACON £10.50

Stack of buttermilk pancakes topped with crispy streaky bacon & drizzled with maple syrup

## PANCAKES WITH FRUIT £10.50

Stack of buttermilk pancakes topped with banana, blueberries & drizzled with maple syrup **v**



## KIDS BREKKIE

Under  
12's

### KIDS CLASSIC £6.50

Choice of 1 sausage or 1 streaky bacon served with egg, beans & toast **gfo**

### PANCAKES WITH FRUIT £6.50

Buttermilk pancakes topped with banana, blueberries & maple syrup **v**

### PANCAKES WITH BACON £6.50

Buttermilk pancakes topped with streaky bacon & maple syrup

(Please note, it is not always possible to adapt/swap ingredients in our breakfast dishes. Thank-you for your understanding.)

## THE BEACH BAKERY *Served all day*

CROISSANT £3 **mcn**  
(add jam 0.50)

PAIN AU CHOCOLAT £3 **mcn**

SLICE OF CAKE £3.95

Ask your server for today's selection **gfo/vgo/mcn**

MUFFIN £3.95

Chocolate or blueberry **mcn**

TOASTED TEA CAKE £3.25  
with butter (add jam 50p)  
**v/vgo/mcn**

PLAIN OR FRUIT SCONE £3.95  
with jam **mcn**  
(add clotted cream 50p)

DARK OR WHITE  
CHOCOLATE COOKIES  
£2.95 **mcn**

## SMOOTHIES £5.25

PASH 'N' SHOOT  
passion fruit, pineapple, apple & mango

DETOX ZING  
apple, banana, blueberry, carrot, courgette & ginger

GREEN GOODNESS  
mango, spinach, kale & apple

PLEASE NOTE - WE ARE UNABLE TO SPLIT THE BILL FOR TABLES OF 5 AND OVER.

We cannot guarantee a 100% allergen free environment, nor can we guarantee against the processes used by our suppliers, unless otherwise stated. Our recipes may change, so please check each time you visit. Many of our dishes can be adjusted to suit allergies, please ask your server for more information.